

Lindsey Rose Sherman

Expressive Arts Therapist/Facilitator, Theatre Artist

Lindseyrosesherm@gmail.com

Experience

Creative Arts & Music Facilitator | **Self Employed/Independent Contractor** | Current

- Music, Arts, Movement Family Classes, Private Creative Sessions, & Birthday Parties
- Previous contracts with Bambini's Playroom (Vancouver, BC) & 232 Playroom (Brooklyn, NY)

Expressive Arts Therapy Practicum | **Vancouver School of Healing Arts** | 2019-2020/ Vancouver, BC

Adult Expressive Arts Group Workshops:

- Co-Facilitated Adult workshop, explored the theme "Play" through intermodal arts practices

Chief Maquinna Elementary School:

- One-on-one therapy sessions, supporting social-emotional challenges (all grades)
- Expressive Arts group workshops, school-wide arts project (all grades & faculty)

Cherish Pediatric Counselling:

- One-on-one therapy sessions with children ages 3-13 years old, supporting ASD, anxiety, and ADHD

Creative Arts Instructor & Child Care | **Curated Care** | 2018-2019/NY, NY

Guest Acting Facilitator/Assistant Director | **Lee University's Opera Program** | 2016/Cleveland, TN

- Led physical theatre exercises, assistant directed Winter Opera Performance

Substitute Teacher/Aftercare Teacher/Childcare | **Montessori Kinder of Cleveland, TN** | 2016

Select Theatre Credits

Independent Theatre Collective | Director | New York, NY

- *Every Brilliant Thing*, by Duncan Macmillan: Interactive play advocating for Suicide Prevention Awareness

Caravan Stage Company | Vocalist/Performer | 2015 & 2017/ Tour, 90 ft. Sailing Barge

- Original Rock Operas conveying themes of Social & Political Justice

Carnival de Resistance | Devising Artist/Clown | Philadelphia, PA

- Theatrical collective explores intersections between art & activism

Education & Affiliation

European Graduate School— Current Student, MA Expressive Arts Therapy, Minor Psychology

Vancouver School of Healing Arts— Expressive Arts Therapy Certification (2019-2020)

Point Park University's Conservatory of Performing Arts— BFA Theatre Arts, Grad. 2014 *Summa Cum Laude*

Registered Therapeutic Counsellor Candidate through the Association of Cooperative Counselling Therapists of Canada (ACCT)